





240 ..... 15 .....  
30 ..... 0, 25, 17, 18 . D .....  
..... A .....  $\geq 5$  .....  
..... 18 ..... 3 .....  
..... 19, 20 .....  
..... 12.0 .....  
..... 2, ..... 5

Results

A ..... 803 ..... (355 3- .....  
448 4- .....). D .....

1. ....  
69.0% ..... 4.6. / .....

1. .... A. A .....  
1.9. / ..... 10.6. / ,

.....  
F<sub>1</sub> 1 .....  
.....

..... A .....  
12.7% .....

..... (83.9%) ..... (61.8%)  
..... 24.4% .....

..... 3.3% .....

2 ..... “ .....  
..... / ..... ” .....





... “...”. A ...  
( ... ), ...  
... ( ... ) ...  
... ( ... ) ...  
... A ...  
... CH ...

## Conclusions

C ... 13% ... C ...  
**24-Hour Movement Guidelines** ( ... ) ... 24%  
...  $\leq 1$  ... Fr ...  
... Fr ...  
... ( ... ) ...  
**24-Hour Movement Guidelines** ...

## Abbreviations

BMI: Body mass index; CHMS: Canadian Health Measures Survey;  
CI: Confidence interval; cpm: Counts per minute; LPA: Light-intensity physical activity; MVPA: Moderate-to-vigorous physical activity

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## Availability of data and materials

The datasets generated and/or analyzed during the current study are not publicly available due to the Canadian Statistics Act, which explicitly states that only employees or “deemed employees” of Statistics Canada are legally allowed to access confidential microdata files. Requests to access the datasets can be made through a research data centre at an applicable

Canadian institution. The research data centre is accessible only to researchers with approved projects who have been sworn in under the Statistics Act as “deemed employees”.

## About this supplement

This article has been published as part of BMC Public Health Volume 17 Supplement 5, 2017: 24-Hour Movement Guidelines for the Early Years: An Integration of Physical Activity, Sedentary Behaviour, and Sleep. The full contents of the supplement are available online at <https://bmcpublichealth.biomedcentral.com/articles/supplements/volume-17-supplement-5>.

## Authors’ contributions

JPC, RCC, SA, VC, IJ, KCR, and MST participated in the conception of the article. RCC conducted the statistical analyses. JPC wrote the first version of the manuscript. All authors participated in the revisions of the manuscript, and read and approved the final manuscript.

## Ethics approval and consent to participate

Ethics approval for the CHMS was obtained from Health Canada and the Public Health Agency of Canada Research Ethics Board. Written informed consent was obtained from a parent or guardian, and assent was obtained from the child.

## Consent for publication

Not applicable.

## Competing interests

The authors declare that they have no competing interests.

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