



Abstract

Background: This review examines the current state of research on the health and well-being of Aboriginal and Torres Strait Islander people. It highlights the need for culturally appropriate and community-led research to address the health disparities experienced by these populations. The review discusses the importance of understanding the social and cultural determinants of health and the role of traditional knowledge and practices in promoting health and well-being. It also identifies key areas for future research and the need for increased collaboration between researchers and community members.

Key reflections

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Getting started as an Aboriginal researcher

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